

International Karate Organization Kyokushinkaikan World Sokyokushin  
KYOKUSHINKAIKAN KUMITE RULES

**DURATION OF A MATCH**

1.1 Each Kumite shall last 3 minutes.

1.2 If no decision in favour of either opponent is made by the 4 judges and the referee, and then the referee will authorize an extension, such extension to be limited to 2 minutes duration.

1.3 If after the first extension there is still no decision a further two minutes, ENCHO is given.

If after this second two minutes a draw is given the contestants must be weighed.

1.4 If one of the competitors is lighter then the other for a value described below, such will be declared a winner.

**There is no Tameshiwari test. They must fight one more extension of 2 minutes duration and a decision must be made. If one of the competitors is lighter then the other for a value 5 kg or more, such will be declared a winner. (For men and woman both Category)**

**CRITERIA FOR DECISION**

**Full point win (IPPON-GACHI) :**

The following cases will be judged as IPPON-GACHI (full point victory).

2.1 With the exception of techniques which are fouls and not allowed by the contest rules, any technique that connects and instantaneously downs the opponent for longer than 3 seconds, scores a full point.

2.2 If the opponent has loss of his will to fight for more than three seconds.

When a contestant informs the referee or judges that he is beaten as the result of techniques allowed within the contest rules, his opponent shall be awarded a full point and the match.

2.3 When having obtained two WAZA-ARI (half-points), which results in one IPPON (full-point).

2.4 The disqualification of a contestant will automatically give the other contestant the win.

**Half point win (WAZA-ARI) :**

The following cases will be judged as WAZA-ARI (half-point).

3.1 Where a contestant is knocked down by a technique allowed within the contest rules and regains a standing position within 3 seconds, a half point will be awarded to his opponent. The (downed) opponent will be allowed to continue with the contest, only if in opinion of the referee and the doctor he is able to do so.

3.2 This will be after consultation with the doctor, who can, on medical grounds stop the continuation of the match.

3.3 If the opponent has lost his will to fight but resumes the fight within three seconds;

3.4 If the opponent has received so much damage that he loses his balance, but not that he falls down.

3.5 When an opponent is downed with any allowed technique including foot sweeps (ASHI-BARAI) or dodging the opponent's DOMAWASHI-KAITEN-GERI (rolling kick) which are followed up by a well focused non-contact technique to the body, WAZA-ARI is awarded.

**Decision win (HANTEI) :**

4.1 In case there is no IPPON nor disqualification, the decision supported by three or more out of the five referees (one referee, four corner judges) is valid.

4.2 In case of one of the competitors having a WAZA-ARI, the WAZA-ARI will be the first priority in a decision.

In case of no WAZA-ARI, the amount of damage will be the first priority in a decision.

4.3 In case of no damages, the amount of techniques (punches, kicks), including YUKO-UCHI (point-giving techniques, but not enough for being a WAZA-ARI), will be the criteria for decision.

4.5 In case of same amount of techniques, including YUKO-UCHI, the referees shall give victory to the competitor who is more active or more aggressive in fighting. (This applies to the final extension where a winner has to be decided.)

4.6 If CHUI (warning) or GENTEN (penalty) has been given to either of the competitors, the referees shall follow the criteria stated in “DECISION CRITERIA”.

#### ***JOGAI (Step outside competition area)***

5.1 If either of the competitors has stepped outside the area line completely with his both feet, it will be judged as JOGAI.

“JOGAI” will be concluded upon the referee’s command “YAME”.

#### **MITOMEZU (No count)**

6.1 When IPPON (one full point), WAZAARI (one half point), HANSOKU (fouls), etc. is not approved of, it will

be judged as MITOMEZU (No count).

#### **CHUI (warning) & GENTEN (Penalty)**

7.1 A foul is charged with one warning “CHUI ICHI”.

7.2 When any action is considered as a deliberate or malicious foul, or when a severe damage has been caused by a foul, a GENTEN ICHI (first penalty) may be given at the first time.

7.3 CHUI ICHI (second warnings) results in GENTEN ICHI (first penalty), and GENTEN NI (second penalty) results in SHIKKAKU (disqualification).

#### **Article 9: PROHIBITED ACTS and TECHNIQUES**

The following actions are considered as HANSOKU (fouls). The following matters depending on a foul’s gravity may merit Chui, Genten or disqualification at the entire and absolute discretion of the referee and judges of the contest.

8.1 Attacks with techniques using hands or elbows to the opponent’s head, face or neck. (Even a slight touch may result in HANSOKU. However, making faints to the face is allowed.)

8.2 KINTEKI-GERI (groin kicks including any kind of the attack to the groin)

8.3 ZU-TSUKI (head thrusts).

9.4 TSUKAMI (grappling). (For whatever reason, to grapple the opponent’s dogi is not allowed, neither to clinch hands with each other.)

8.5 KAKE (hooking). (To grapple or hook the opponent’s neck, head, shoulders, etc.)

8.6 OSHI (pushing). (Pushing with open hands, closed hands or with the body is not allowed. Basically it will be considered as HANSOKU even if you push only with one hand.)

8.7 To Attack whilst leaning the head or body against the opponent.

8.8 KAKAEKOMI (hugging and holding). (The person who puts his arms around the other one first will be given a foul.)

8.9 Direct attacks to any part of the knee joints.

8.10 Any intentioned attack to any part of the opponent’s spine from behind.

8.11 To attack an opponent who is already down.

8.12 Making an attack from the floor after having been downed by the opponent.

8.13 KAKENIGE (run-away attack). (Pretend to attack whilst actually running away from the opponent.)

- 8.14 Running away by repeatedly doing JOGAI. (Step outside area.)
- 8.15 Failing to obey the referee's instructions during the bout or making comments to the referee.
- 8.16 Any action that may be considered as bad attitudes towards the competition.
- 8.17 Any other actions that the referees may regard as fouls.

**Article 10: WARNINGS**

The following matter may merit a warning at the discretion of the contest referee:

- 9.1 Frequently retreating from out of the contest area or avoid fighting.
- 9.2 Persistent bad behaviour or violence.
- 9.3 Contestants who refuse to fight for more than 30 seconds shall be regarded as lacking the will to fight and both contestants can be disqualified.

**Article 16: STANDARD ACTIONS AND TERMINOLOGY OF THE REFEREE AND CORNER JUDGES**

**16.1 Requests to referees and judges**

- 10.1 The most important thing for the referees and judges is to respect the life of the competitors and give it the highest priority during the bout. In case of any accident during the bout, the referee and judge shall have the capacity to stay calm, and to see clearly the situation in order to take quick and appropriate actions.
- 10.2 The referees and judges must not be biased in judging, but must have the capacity to make fair judgments.
- 10.3 The referees and judges must give signs and actions clearly and promptly.

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**OSU!**

# KYOKUSHIN CUP 2015 Men's and Woman's Weight Division Full-Contact Karate Tournament

Saturday 26th September 2015 at Arc Gym, Caledonian University, Glasgow

## OFFICIAL ENTRY FORM

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Date of Birth \_\_\_\_\_ Dan/Kyu \_\_\_\_\_

Weight \_\_\_\_\_ Height \_\_\_\_\_

Dojo/Organisation \_\_\_\_\_ Instructor \_\_\_\_\_

Category (Please under line)

**Men Light Weight** (under 70 KG) **Men Middle Weight** (70 to Under 80kg) **Men Heavy Weight** (Over 80kg)

**Ladies Light Weight** (Under 65 kg)

**Ladies Heavy Weight** (Over 65 kg)

**Kata Tournament Under 18 & Over 18**

**£10.00 Fee to be enclosed with Entry Form. Entry Closing Date: 12th of September 2015**

Previous Tournament history

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### Declaration

I, the undersigned, do hereby submit my application for the **Kyokushin Cup Open Full contact Karate Tournament** held on the 26th of September, 2015, in Glasgow, United Kingdom. I hereby assume full responsibility for any or all injuries or damages or losses that may be sustained or incurred by me while competing or while in attendance at said event. I also acknowledge the inherent nature of this tournament and the possibility of injury as the competition involves contact. Therefore, I hereby waive all claims against **Sokyokushin-Kyokushin Karate Fernando Dojo** or any person involved therein, or any agents of said organization, including but not limited to promoters, staff, judges, referees or competitors of the tournament against any injuries or damages or losses that may occur or that I may suffer, and hereby consent not to sue any such individuals or organizations involved in the said tournament for any reason whatsoever, as I hereby certify that I am assuming all risks resulting from this tournament. It is understood that this is a sporting event that involves physical contact. It is understood that any treatment given for any possible injury will be of first-aid type only. I give consent to any and all reproduction of my likeness created in any manner (pictures, videos and the like) for promotional or publicity use and waive any claim for compensation. Please note that this is an application and may be refused at the organizer's discretion, and that there will be no refund whatsoever by reason of any kind of disqualification or expulsion.

The Tournament Committee reserves the right to verify any information by asking for picture identification or re-weighing of any competitor. Immediate disqualification without reimbursement from the Tournament will be the result of any false information provided, including as to weight, rank or age.

**I have fully read, understand, and agree to all the terms of the application and rules of the Tournament.**

Signature \_\_\_\_\_ Date \_\_\_\_\_ City \_\_\_\_\_

Instructor's Name and Signature \_\_\_\_\_/\_\_\_\_\_