Kyokushin Cup 2016

The 3rd All UK Open Karate Tournament in Weight Divisions

Men's Woman's and Junior's Kata & Kumite

Date: 9th April 2016

Venue: Arc Gym, Caledonian University Location: Glasgow, United Kingdom

Organisation: Kyokushin Karate Fernando Dojo, Kyokusinkaikan Sokyokushin United Kingdom

The aim of the Kyokushin Cup 2016 is to promulgate the need to create awareness and to develop universal brotherhood among the Full Contact Karate fraternity and strive for the development of Kyokushin Karate –do

In this regard, we solicit your kind co-operation in making this event a grand success.

Thank you

The rules will be the International Knock Down standard competition by the rules of International Karate Organization Kyokusinkaikan.

The minimum age for adult competitors must be 18 years on or before the day of competition and competitors must be at least 8th Kyu grade to be eligible to compete.

Fighters will be divided into following weight classes:

Men Lightweight - Under 70kg Middleweight - 70 to Under 80kg Heavyweight - Over 80kg

Woman (2 weight category) Under 65 kg Over 65 kg

Protective equipment: Groin guard, Shin guard for men and Upper Body protection for Women

Junior's Tournament-Age 7-16 years

There will be Kata Tournament held under following categories:

Under 18 and over 18 (Rules attached)



Junior Tournament (Girls and Boys)

Age 7-16 years

Kyokushin Kumite rules.

Rounds for juniors will be 1.5 minutes with maximum 2 x 1 minute extensions. In the final bout of each division, if no decision is clear after the second 1 minute extension, unlimited extensions of 1 minute each shall continue until a decision is made.

Age categories

Age 7, 8 Age 9, 10 Age 11, 12, 13 Age 14, 15, 16

Compulsory protective equipment for the Junior Tournament:

- Hand mitts
- Shin guards
- Groin guard
- Head guards
- Body armour under 13 years old
- •No body armour -for over 14 years old

I confirm all competitors detailed above have valid licences and insurance. I understand the Kyokushin knockdown Karate rules that will apply to this Tournament. I understand that my competitors enter this competition at their own risk and by doing so agree to absolve the Organisers of any claims which may arise due to injury / loss / damage of their personal property however caused. The Organisers reserve the right to change any categories on the day.

Registration of all fighters 10am, Tournament starts at 10:30am. Application fee £10 Spectators and family ticket are available on a day. Please transfer the above amount to the Dojo account:

Name of the Account: KYOKUSHIN EVENTS

Account Number: 75645062

Sort Code: 87-37-99

Application: till 30th of March 2016 on:

Please contact for more information:
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Tournament Committee
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