

## member of International KARATE Organization KYOKUSHIN KARATE WORLD SO-KYOKUSHIN

#### European So-Kyokushin Conference and Seminars 2016 1. - 3. of April in Copenhagen, Denmark

Copenhagen 25. of January 2016

OSU!

Dear European So-Kyokushin Representative

We hope that everyone has had a good start to the new year.

Hereby attached a revised version of the program, for the whole weekend and the registration form.

As organizer, I am pleased to announce that, so far, the following people has contributed in the preparation for the meeting in April.

Shihan Roel Wildeboer - Netherlands Shihan Christa Koldin - Denmark Shihan Samuele Casto - Italy Shihan Robert Wiklund - Sweden Shihan Kees Bek - Netherlands Sensei Bjørn Willumsen - Norway Sensei Luciano Centonze - Italy Sensei Jesper O. Led - Denmark Senpai Martin Jacob - Denmark - Translator Japanese/English

If you have any suggestions for the agenda of the meetings, please write me as soon as possible.

This conference is a unique opportunity for everyone to get know one another and especially to strengthen So-Kyokushin in Europe, for the benefit of us all.

More information and updates in February. We look forward to meeting you in Denmark.

Thats all for now, best regards

Humberto G. Budtz IKO Adviser and ESK Conference coordinator

OSU!

e-mail: europeansokyokushin@gmail.com

Facebook: www.facebook.com/europeansokyokushin

Website: www.europe-sokyokushin.com



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### **Practical information**

#### Accommodation

There is a limited possibility of free night at DKO Honbu. Who comes first pricip. Please bring you own sleeping bag.

We recommend the following hotels near DKO Honbu:

Gentofte Hotel - www.gentoftehotel.dk Hotel Østerport - www.hotelosterport.dk/ Schæffergården - www.schaeffergaarden.dk/

but there are many others hotels, please look at www.booking.com

Address of DKO Honbu: Bryggervangen 19 - 2100 Copenhagen Østerbro

Map coordinates: 55°42'35.66"N - 12°33'50.93"Ø

#### **Economics**

Participation in the Conference and Seminars, are **free of charge**, however there will be a minor charge to cover the cost for the meals etc. during the conference and to cover for accommodation for the Japanese delegation of five people, they pay their own travel costs. To cover this about 150 Euro must be paid on arrival.

#### Uniform

Please bring Your official uniform (incl. Tie and Kyokushin shirt and jacket)

Also please remember you DOGI and other training equipment

If you have any practical questions, please write to: <a href="mailto:europeansokyokushin@gmail.com">europeansokyokushin@gmail.com</a>

Best regards the Conferencer organization Committee - OSU!



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### General Program for European So-Kyokushin Seminar and Meeting

1. – 3. April 2016 in Denmark (NOTE: the possibility of change) ver. 2

### Friday 1.

17.00 - 18.00 Check in at DKO HONBU for people that sleep in the Dojo

18.00 - 18.30 Arrival ALL participants

19.00 - 20.00 Training 1 (KIDON - IDO)

20.30 - 21.30 Informal Meeting, Coffee and relax

### Saturday 2.

09.00 - 10.15 Meeting 1

10.30 - 12.00 Training 2 (KATA)

12.30 - 13.00 Lunch in Dojo

13.30 - 14.30 Meeting 2

15.00 - 17.00 Training 3 (Tournament course - So-Kyokushin International Rules)

17.30 - 18.30 Dinner in Dojo

19.30 - 20.30 Training 4 (Practice FUKUSHIN and SHUSHIN)

21.00 - 21.30 Coffee and relax

### Sunday 3.

09.00 - 11.30 Training 5 (KUMITE)

12.00 - 13.00 Lunch (light)

13.00 - 13.30 Finish - SAYONARA

13.30 - 14.00 Check out from DKO HONBU



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# REGISTRATION FORM European SO-KYOKUSHIN meeting 2016

Dear all SO-KYOKUSHIN representatives.

In order to plan the European SO-KYOKUSHIN event  $1^{st} - 3^{rd}$  April here in Copenhagen, we have to know approximately how many persons are participating in the event. Therefore, we kindly ask you to forward a pre-registration to the following email address: europeansokyokushin@gmail.com

Your pre-registration must be made no later than the 10<sup>th</sup> of February. This registration is non-binding.

Final confirmation must be forwarded to the mail address listed above – no later than the 28<sup>th</sup> February.

Please forward the information listed below in both pre-registration and final registration.

Participation is free of charge, but please expect some expenses for food and drinks etc. (see info)

It is possible to overnight at the DOJO free of charge. Other type of accommodation is at your own expense, but we will be happy to help you make the necessary reservations.

For more information see www.facebook.com/europeansokyokushin and www.europe-sokyokushin.com

Registration – European SO-KYOKUSHIN meeting, Copenhagen April $1^{\rm st}$ – $3^{\rm rd}$ 2016		
Name:		
DOJO:	Country:	DAN:
Mail address:	Phone No.:	
Accommodation:		
DK-HONBU: Ho	otel: Name of Hotel:	Other:

Expected date/time of arrival at DK HONBU: